



*John D. O'Bryant*  
*NJROTC*

Plan of the Week

**February 2, 2020-February 8, 2020**

NJROTC Office Phone #: 617-635-9932, ext. 130/131

**Contact information**

Senior Naval Science Instructor: **Commander Sturges:** [msturges@bostonpublicschools.org](mailto:msturges@bostonpublicschools.org)

Naval Science Instructor: **Chief Barros :** [abarros2@bostonpublicschools.org](mailto:abarros2@bostonpublicschools.org)



<b>Executive Officer:</b> Juliana Tamayo (781) 492-1347	<b>Commanding Officer:</b> Jorge Ubiñas (617) 697-7231	<b>Adjutant:</b> Samantha Flores (857) 406-6650
--	---	--

**Bullying & Hazing:** C/LCDR Ubiñas, Jorge  
(617) 697-7231  
[jubinas@bostonk12.org](mailto:jubinas@bostonk12.org)

**Sexual Harassment:** C/LT Tamayo, Juliana  
(781) 492-1347  
[jtamayotabord@bostonk12.org](mailto:jtamayotabord@bostonk12.org)

**Bystander Prevention:** C/LTJG Flores, Samatha  
(857) 406-6650  
[sflores13@bostonk12.org](mailto:sflores13@bostonk12.org)

**BPS Safe Space and Bullying & Bullying Prevention Hotline:** (617) 592-2378

**National Suicide Prevention Hotline:** 1 (800) 273-8255

**Chain of Command:**

Operations Officer: William Doyle  
Senior Chief: Jahne Shepherd  
Admin Officer: Monica Tran  
Supply Officer: Kevin Magaña  
Public Affairs Officer: Mariah Wharwood  
Master at Arms: Michael Mangum  
First Lieutenant: Vialexa Vasquez

**Drill Captains:**

Overall Drill CDR: Samantha Flores  
NS1 CDR: Saniya Antoine  
Unarmed CDR: Ciarra Frederick  
Armed CDR: William Doyle  
Color Guard CDR: Maureen Baumiller  
PT CDR: Noah Boudreau  
Academic CDR: Samantha Flores  
Inspection CDR: Juliana Tamayo



## **Quote of the Week:**

*"The world of reality has its limits; the world of imagination is boundless."*

-Jean Jacques Rousseau

## **Tips of the Week:**

- There is a cleaning roster on the back of the plan of the week. Check the dates that you are cleaning the classroom, and make sure you show up, the unit runs better with everyone's efforts. Everybody has been assigned a cleaning duty day since the beginning of the school year, so by now everyone should know what day their cleaning duty is, and should be showing up for cleaning duty, since it is going towards your grade.
- Hey guys AMI is in less than 2 weeks! By now your uniforms should be in the dry cleaners or getting ready to be put in the dry cleaners. Your uniforms should be squared away by the week of AMI if there are any discrepancies tell Chief ASAP

---

---

<p><b><u>General Military Training:</u></b></p> <p>The second group to master the sea were</p> <ul style="list-style-type: none"><li>a) Phoenicians (correct)</li><li>b) Greeks</li><li>c) Cretans</li><li>d) Romans</li></ul>	<p><b><u>Upcoming Events:</u></b></p> <p>February 14: AMI</p> <p>February 26: Bake sale</p> <p>March 18: Bake sale</p> <p>April 29: Bake Sale</p> <p>May 9: Military Ball</p> <p>May 14-17: Basic Leadership Training</p> <p>May 20: Bake sale</p> <p>June:10: Bake sale</p>
<p><b><u>Jokes of the Day:</u></b></p> <ol style="list-style-type: none"><li>1. <b>How do poets say hello?</b> Hey, haven't we metaphor?</li><li>2. <b>What do you call a chicken staring at a pile of lettuce</b> A chicken sees a salad</li><li>3. <b>Why are there gates around cemeteries?</b> Because people are dying to get in.</li><li>4. <b>Why couldn't the pony sing the lullaby?</b> Because it was a little hoarse.</li></ol>	<p><b><u>Activity of the Day</u></b></p> <p>It's midterms this week. It's going to get a little stressful. So let's take five to ten minutes and play a quick game of two truths and a lie.</p>

---

---

## Weekly Schedule:

<u>Commander</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>NS-3</u>	Holiday	Military Law	Military Law	Military Law	Military Law
<u>NS-4</u>	Holiday	Ethics Maritime History Revolutionary War	Ethics Maritime History Revolutionary War	Ethics Maritime History Revolutionary War	Ethics Maritime History Revolutionary War

<u>Chief</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>NS1/Period 1</u>	-AMI Practice Gym	-AMI Practice Gym	Peer Health Exchange	-Wellness/BPAC/HR C	-AMI Practice Gym
<u>NS2/Period 2</u>	-Ch.2/ Section 2; The Crucial Years 1777 Slides #58-65	-Chapter 2, The American Revolution 1775-1783, Final	-Military Knowledge Quiz -AMI Practice	-Wellness/BPAC/HR C	-AMI Practice Gym
<u>NS1/Period 3</u>	-Military Knowledge Quiz -Ch.1, Sec. 5, NJROTC Program Benefits, Slides #1-27	-Ch.1 Intro to the NJROTC Program, Final	Peer Health Exchange	-AMI Practice Gym	-AMI Practice Gym -Military Knowledge Quiz
<u>NS2/Period 4</u>	-Ch.2/ Section 2; The Crucial Year 1777; Slides #46-65	-Ch.2, The American Revolution 1775-1783, Final	-Military Knowledge Quiz -AMI Practice	-Wellness/BPAC/HR C	-AMI Practice
<u>NS1/Period 5</u>	-Military Knowledge Quiz -Ch.1, Sec. 5, NJROTC Program Benefits, Slides #1-27	-Ch.1 Intro to the NJROTC Program, Final	Peer Health Exchange	-AMI Practice Gym	-AMI Practice Gym

## **This Week in Naval History:**

### **February 2**

**1848** - The Treaty of Guadalupe Hidalgo ends the Mexican-American War and establishes the boundaries between the two republics.

**1862** - Capt. David G. Farragut, commander of his flagship, the screw sloop of war Hartford, departs Hampton Roads for Ship Island, Miss., where Farragut takes command of the Western Gulf Blockading Squadron in preparation for the assault on New Orleans.

**1938** - While piloting a PB4Y-2 aircraft in a tactical exercise off California, Lt. Carlton B. Hutchins collides with another VP-11 PB4Y-2. Remaining at his badly damaged planes controls, Hutchins courageously allows members of his crew to parachute to safety, but is killed in the planes subsequent crash. For his "extraordinary heroism," he is posthumously awarded the Medal of Honor.

# **IMPORTANT NOTES:**

Like I said, I will keep this on the plan of the week until the forms are brought in: Make sure you turn in all of your forms, if you look outside of the office or on the bulletin board in the classroom there is a master list of all the important forms. If there is a blank where your name is for a form, that means you haven't turned it in, and you need to contact Chief Barros, or the Admin Department to get it fixed immediately.

It is the final two weeks until AMI. If you haven't attended practice, you most likely have a zero on ASPEN. Like I've said before, if you cannot make it to practice **find some type of way to contact your platoon commander (it takes like 2 minutes or less to send a text)**. The list of the platoons is in the classroom and right outside the office, check what platoon you are in and start. Coming. To. Practice. Do your part in the unit to help AMI go by very smoothly.

Department check ups are still upcoming. C/LT Tamayo, will be in contact with each department very soon if you haven't already had your department check up.

Heads up: Armed and NS1 practice will commence soon: Once the dates are out, drill team members on Armed or NS1, please show up to practice.

BLT dates are May 14-17. If you are interested in participating, please contact Chief Barros.

---

Submitted by OPS XO,  
Maureen Baumiller

---

Reviewed by XO,  
Juliana Tamayo

---

Reviewed by CO,  
Jorge Ubiñas

---

Approved by Chief Barros/CDR Sturges

## Bullying, Sexual Harrasmment, and Suicide Prevention

**Bullying:** To seek or to harm, intimidate, or coerce somebody and make them feel vulnerable.

When someone is being bullied, they are being consistently intimidated by someone for various reasons. However, there is no valid reason to bully someone. Ever. Bullying has had a ton of horrible consequences not only in younger kids in grade school, but a great portion of teenagers. The suicide rates in America have gone up so high in America as time has went on. Many teens who are bullied find themselves in a tough position, they might not know whether to stand up for themselves, tell someone or even retaliate. And so, many go about their day being harrassed by bullies and suffering in silence. The John D. O'Bryant has a ZERO tolerance for bullying, whether is verbal, physical or cyber as there are very serious consequences for bullying your peers. Which is why in our Unit we have someone to go if you feel as though you are being bullied or think someone is being bullied in order to report it.

**Suicide:** The act of intentionally causing one's own death

Like stated earlier, suicide rates in America have risen as time went by. The rates in teens, especially have gone up. There are many reasons and warning signs that contribute to one taking their own life. Bullying is one of the major reasons why and often times those who are bullied show warning signs heading in the direction of harming themselves. Warning signs include, social withdrawal, loss of interest in activities or change in behavior. If you see someone who is going through these warning signs, please speak to a trusted adult, or to our Suicide Prevention conselour in our unit.

**Sexual Harassment:** behavior characterized by the making of unwelcome and inappropriate sexual remarks or physical advances in a workplace or other professional or social situation.

The John D. O'Bryant also has a ZERO tolerance policy for sexual harassment, everyone should feel safe to come to school and not feel vulnerable about their body. No one should be touching or making inappropriate remarks about anotherone's body. This can make someone feel very uncomfortable in a professional area such as school. Whether it's a joke about someone or touching in a flirtatious manner, it is completely wrong. Which is why as a community we must come together to make sure no one feels uncomfortable at school.

## UMass Boston Student Becomes First Case Of Coronavirus In Massachusetts



BOSTON (CBS) — A man in his 20s has the first case of [coronavirus](#) in Massachusetts, the Boston Public Health Commission announced Saturday. The man attends UMass Boston and lives in the city. He returned from Wuhan, China on Jan. 28 through Logan Airport.

“The man recently traveled to Wuhan, China, and sought medical care soon after his return to Massachusetts. He has been isolated since that time and will continue to remain isolated until cleared by public health officials. His few close contacts have been identified and are being monitored for any sign of symptoms,” said the BPHC.

The US Centers for Disease Control and Prevention told the BPHC and the Mass. Department of Public Health about the positive test results late Friday. This case is the eighth in the country.

A nationwide public health emergency was also declared Friday.

- **More:** [Delta, American Airlines Suspend Flights Between US And China](#)
- **Read:** [Coronavirus Tests Come Back Negative For 2 New Hampshire Residents](#)

The man just had a running nose at first, but sought medical attention the day after when he felt worse.

“We are grateful for him seeking medical attention immediately,” said Dr. Monica Bharel, the Boston Public Health Commissioner.

He is being isolated at his home, which is not a dorm, and health officials say he is doing well.

“Right now, we are not asking Boston residents to do anything differently. The risk to the general public remains low. And we continue to be confident we are in a good position to respond to this developing situation.” said BPHC Executive Director Rita Nieves in a statement.

People are advised to take the same steps they would to prevent a cold or the flu: wash your hands often with soap and warm water for at least 20 seconds, cover coughs and sneezes, and stay home when you feel sick.

“We’re taking the precautions to make sure that first of all, he’s OK, anyone who came into contact with him, we’re working on that situation,” said Boston Mayor

Marty Walsh. “To our knowledge, there is no threat beyond this isolated incident, case I should say...but we want people to make sure they take precautions if they feel sick and they’re not sure exactly what their symptoms might be, we’re asking people do not self-diagnose, contact your primary care physician, contact the city of Boston, contact the state.”

UMass Boston sent a letter to students and staff, notifying them about the illness.

“State and city public health authorities have informed us that the risk to members of our community is low,” the letter said. “We will keep the community informed as more information is available. I want to remind everyone that all members of our community are valued and respected. On occasions like this, it is possible for fear to get the better of any of us. Let’s remember that viruses are no one’s fault and anyone can find themselves ill.”

Massport released a statement Saturday: “Due to how this illness is transmitted, public health officials report there is a very low probability of a sick passenger spreading Coronavirus to others while traveling. Boston Logan does not have a nonstop flight from Wuhan, China. All passengers arriving from China are being given public health information and, at the minimum, are being screened for visual signs of illness by CBP, and if necessary be sent for secondary screening by CDC.”

They also said that as of Saturday, one Chinese airline that operates at Logan, Hainan Airlines, has announced suspension of their service.